

Joy Travel Presents:

**COSTA RICA**  
**Embodying the Essence of Life and the**  
**Alchemical Elements of Costa Rica**  
**February 19–28, 2007**



**Awakening, Embodying and Honoring the Divine Heart within all Life.**

*This transformational journey is a living book in which we will experience miracles in the moment and co-create the highest experiences with divine energies. Costa Rica is a gateway to greater personal rejuvenation for the mind body and soul. It is a unique healing land of spectacular natural beauty, unlimited life force and pure pranic energy, which offers a cornucopia of profound spiritual experiences.*

*As a circle of light of kindred souls we will open ourselves to receive the gifts of nature and activate our cellular wisdom and knowledge by working with the alchemical elements of FIRE, EARTH, WATER AND AIR. We will realize our highest potential through discovery, soul remembrance, meditations, ceremonies, renewal, awe, joy and sacred moments of contemplation. Come join us!*

**A SOUL JOURNEY IN THE HEART OF THE AMERICAS**

Our journey to Costa Rica continues, this time to the Central and North regions. You are about to embark upon an amazing journey. A portal through time and space with the opportunities to embody the *Essence of life* and the *Spirit within Nature*.



We will immerse ourselves in nurturing sacred places where the energies of the mountains, waterfalls, volcanoes, rain forest and ocean provide alchemical transformation into greater dimensions of ourselves. We will explore nature, the great mother beckoning us home, teaching us about the laws of nature, ancient wisdom, beauty, natural vitality, abundance, cooperation and our true potential.

Alchemy is an ancient path of transformation with the power to alter consciousness and connect the human soul to the divine. All those who quest for the truth are really modern-day alchemists. They see truth and ancient wisdom in their everyday world. They practice the art of *Divine Alchemy*, the power of love, intentions, understanding, and joy to transmute fears and limitations in their lives into golden opportunities of great potential and possibilities. We are currently going through an evolution of consciousness where we are changing on many levels within our bodies, mind

and the soul activation of our DNA. A new paradigm is emerging within us and through us that reflect the higher values of authenticity reflected in our dreams and visions.

This journey offers the best of Costa Rica through many unique experiences. We will connect the past, present and future into our lives. We will work with the energies of spirit and have the honor of meeting indigenous leaders and participate in ceremonies that connect *Heaven and Earth*. We will tap into our creative life force and connect spirit and soul for greater empowerment and conscious mastery. During this journey we will integrate powerful cosmic energies with our stellar origins and transmit our goodwill to humanity.

A little about Costa Rica. It is a stable prosperous peaceful nation where 25% of its land is devoted to national parks. It is known worldwide for wonderful people, eco tourism, unspoiled beaches, majestic mountains, secret waterfalls, playful dolphins and scarlet sunsets.

We have fabulous hotels to delight your senses, including the 5-star Tabacon Hot Springs Resort and Spa see [www.tabacon.com](http://www.tabacon.com) and a fun filled catamaran to Tortuga Island with beautiful palm studded white sand beaches. We will have time for renewal, spa treatment and group gatherings with special guest speakers. April will be offering sacred ceremonies, gatherings and songs, Johanna, will be offering wonderful meditations and I will be sharing more on world grids and sacred sites. Each one is a catalyst for positive change and we will create the space for miracles to occur.

### PRESENTERS

**April White Cloud:** Is a sacred international master ceremonialist and singer from the Kuhuna Hawaiian, and Native America traditions. She is an exceptionally gifted magical woman that brings joy and love to all her gatherings. She works internationally for over 26 years and has close relations with Grandfather Martin of the Hopi Nation. She also is a Spirit Caller and Communicates with the Whales.



**Johanna Carroll:** We are honored to have Johanna Carroll of Sedona, internationally known author, medium and psychic joining us. Johanna will be offering her gifts and sharing sacred meditations. Please visit her website [www.sedonapsychic.com](http://www.sedonapsychic.com)

**Vanda Mary Osmon** created Joy Travel in 1983, after a profound spiritual experience in Egypt. She specializes in sacred journeys for the heart and soul and has created and escorted over 58 customized journeys worldwide. Vanda provides opportunities to see, feel and explore Earth mysteries. **JOY TRAVEL** journeys for the Heart and Soul offers sacred global journeys that are designed to enhance your personal transformation and to foster multidimensional experiences for your mind, body, and spirit. Please visit her website: [www.joytravelonline.com](http://www.joytravelonline.com)

### Costa Rica - the Heart of the Americas.

Here in the Heart of the Americas where the Eagle of the North and the Condor of the South meet with the Dove of Peace, something magical is emerging that is pure and authentic. It represents a global example that will spark a new paradigm based on mutual respect, cooperation and environmental sustainability. Join us for a life changing experience and explore this unique paradise for yourself. The Divine Plan is unfolding every day and it begins with you.

### ITINERARY

#### Day 1 Mon - 2/19/07 – Departure

Depart from your gateway cities. Afternoon arrival in San Jose capital of Costa Rica and transfer to the lovely San Gildar Hotel in Escazu. (see: [www.hotelsangildar.com](http://www.hotelsangildar.com)) Welcome Dinner and gathering. (B&D)

#### Day 2 Tues- 2/20/07 - UN University for Peace

After breakfast visit UN University for Peace. We will have a special welcoming fire ceremony close by with April White Cloud and other indigenous and special guests. Return to our Hotel. (B&L)

#### Day 3 Wed - 2/21/07 Cruise - Tortuga Island

In the morning we will take the **Calypso Cruise** one-day boat tour full of adventure to the white sand beach Isla Tortuga, known for its immaculate white sand beach and turquoise waters, It is a perfect stop for: sunbathing, swimming, snorkeling or relaxing in a hammock. Calypso's famous lunch included. (B&L)

#### Day 4 Thur - 2/22/07 - GUAYABO

Today we travel to explore the archeological discoveries at Guyabo National Park – an amazing ancient ceremonial and gathering site. New discoveries are occurring here. The excavation includes paved sidewalks, and circular mounds. There is also a large stone carving with a jaguar and a crocodile, gods of the forest and river. Before entering we will have a silent meditation to connect with the ancestors who are still present within the landscape stones and temples. We will walk together upon this scared land and explore the ancient wisdom left for us to remember. Return to our hotel. (B&L)

**Day 5 Fri – 2/23/07 Arenal Volcano**

Today we leave for Arenal Volcano visiting Poaz Volcano and peace waterfall if possible. The Arenal region, with its famous volcano, its national park and the Arenal Lake is a breathtaking and magical place where the four basic elements in nature uniquely come together. The energy of the volcano, the tropical rain forest, the purity of its air and the hot mineral springs join to provide a unique, unparalleled experience where you are transported to a higher level of energy. Check into our beautiful hotel the Tabacon Spa & Resort. Nestled between the rain forest and the majestic volcano, we call forth our highest visions for ourselves and humanity. (B&D)

**Day 6 Sat - 2/24/07 Arenal Lake & Spa Time**

After breakfast we will journey to Arenal Lake for a water blessing ceremony, return to our hotel. Today is a wonderful day to enjoy the beautiful surroundings, with time to explore the area, discover secret places and have some amazing spa treatments. (B)

**Day 7 Sun - 2/25/ Arenal**

There are amazing things to explore and experience in the Arenal area. We will co-create an amazing day with time to relax, renew, enjoy and explore this beautiful area. There have been many mysterious celestial sittings in this area and in the evening off to the hot mineral baths for a soak in natural thermal-waters in the misty forest and enjoy the stars and the volcano. Overnight Spa Hotel. (B)

**Day 8 Monday 2/26/07 Children Forest**

After breakfast we will visit the Children's Eternal Rainforest on our way back to San Jose. Check into the Hotel Bougainvillea (see: [www.hb.c.cr](http://www.hb.c.cr)) and enjoy the beautiful grounds of our lovely Hotel. (B)

**Day 9 Tues - 2/27/07 - San Jose**

Today we will have the opportunity to shop, relax by the pool or a possible visit to the Gold museum. Farewell meal and closing ceremony. Our circle of light is complete filled with amazing experiences, renewed energy and profound transformation. (B&D)

**Day 10, Wed 2/28/07 - Departure**

Most flights depart in the early morning. After breakfast transfer to the airport for our flight home

**If you wish to come early or stay longer, please advise.**

**DAILY BREAKFAST, 3 LUNCHESES & 3 DINNERS  
WONDERFUL HOTELS & SPA RESORT  
SPECIAL GUEST SPEAKERS, GATHERINGS AND MEDITATIONS**

***COSTA RICA***

**LAND COST: \$1,785.00**

(Based on double occupancy)

**AIR Appox. From Los Angeles: \$ 550.00**

Air subject to change. Call for reduced air rates from your gateway city.

**Single Room Supplement: \$ 650.00**

Credit cards available with 3% processing fee. Price is based on the current rate of exchange.

**Registration and Cancellation Conditions**

Early registration is needed to secure your space for our fabulous hotels. Please send \$400 deposit. Register before December 15, 2006 and deduct \$50.00 as an early registration bonus. Final balance is due on or before January 15th, 2007. In the event of cancellation all moneys will be refunded in full less \$100.00 cancellation fee and any prepaid non-refundable expenses. No refund two weeks prior to departure. All cancellations must be in writing. Insurance is available. Refund on airlines tickets based on airline policies.

**Register early airfare is subject to change!** To book this tour, please complete the form and send with your \$400.00 deposit. For more information call. Make checks payable to:

**Joy Travel**  
**648 Corte Loren**  
**San Marcos, California 92069**  
**800-569-5010 or 760 944-9915 Fax/phone**  
**E-mail [vanda-joy@sbcglobal.net](mailto:vanda-joy@sbcglobal.net) [www.joytravelonline.com](http://www.joytravelonline.com)**  
**CST Registration. #2021781-40**

**REGISTRATION FORM**

**Passport Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_

**Phone Home:** \_\_\_\_\_

**Phone Work:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Passport: #** \_\_\_\_\_ **Citizenship:** \_\_\_\_\_

**Roommate if known:** \_\_\_\_\_

**I heard about this journey from:** \_\_\_\_\_

*Please charge my Credit Card*

**Name:** \_\_\_\_\_

**Credit Card:** \_\_\_\_\_

**Exp. Date:** \_\_\_\_\_

**Print name on the card:** \_\_\_\_\_

**Customer Signature** \_\_\_\_\_

**Travel Documents**

No visas are required for U.S.A. citizens. All tour documents, helpful packing hints, final itinerary and your flight tickets will be mailed before departure. There is a \$26.00 dollar departure tax needed when returning home.

Travel insurance is recommend. Information about insurance will be sent to you upon registration.

**Responsibility and Disclaimer**

This tour is under the management of Joy Travel acts only in the capacity of agent for the owners and contractors providing means of transportation, hotel or other services. The carriers, airlines, or boats providing transportation for the tours, arrange only for such transportation and are exempt from responsibility for any act, omission or event during the time the passenger is not on board the craft. All tours services, tickets and vouchers are subject to any and all terms and conditions under which transportation (aircraft, road, ship, ferry or any other means), hotel or other services are offered or provided. As to this tour the above-mentioned parties are not responsible or liable for loss of property, injuries or loss because of illness, weather, delays, schedule alternations, strikes or wars. Joy Travel is entitled to change the itinerary when they consider this necessary. Joy Travel cannot be held responsible for costs ensuing from these changes. The acceptance of any service provided as part of this tour, or of any ticket or vouches, shall be deemed to be acceptance of and consent by the tour member to these conditions. All services are subject to the laws of the country in which these services are provided. Schedule may be altered due to circumstances beyond our control.

Price includes wonderful hotels, based on double occupancy, some meals transportation, transfers, sight seeing, lectures, on-sites mediations, guides and entrances to sacred sites. Hotel as listed or similar. Not included in the tour price: Items of a personal nature, all beverages, tips, departure tax and meals not listed on the itinerary.